



# WALK WITH HEART 2024

## #1: REGISTER

Register as an individual or you can create or join a team at [Givebutter.com/WWH24](https://Givebutter.com/WWH24)

- In-Person (includes T-Shirt) - \$35.00
- Virtual only - \$15.00
- Virtual (includes T-Shirt)\* - \$35.00

\*Registration must be completed by May 1st to receive t-shirt by event date



## #2: INVITE

Invite friends and family from across the country and throughout the world to join you as you raise awareness about sudden cardiac arrest.

Make sure your team gets credit by clicking on the **Create/Join a Team** button on the home page *before* you register



## #3: GO FOR IT!

Walk or run as many times as you would like from Friday May 3rd at 3:00PM ET to Sunday May 5th at 10:30AM ET.



## #4: KEEP TRACK & LOG

Use an app to track your distance. Let us know your distance each day by recording your miles on the JTB Tracking System: [bit.ly/JTBTracker](https://bit.ly/JTBTracker).

We will keep track of miles walked by you and your team! Miles **MUST BE** reported each day to be included in the daily leaderboard.

Miles must be sent no later than:

- 8:00PM ET Friday and Saturday
- 10:30 AM ET Sunday

Previous day miles will not be counted toward team or individual competitions.



Scan QR Code for JTB Tracking System



## #5: POST & SHARE

Have fun!!! Take pictures before, during or after the walk. Use #WalkWithHeart on all your social media posts.

Don't forget to tag us:

Instagram: @jtb\_foundation

Facebook: The John Taylor Babbitt Foundation

X: @thejtbtweet

Share your photos by texting or emailing them to the foundation at 973-722-1212 or [info@jtbfoundation.org](mailto:info@jtbfoundation.org).



## #6: JOIN US!

Walk your last two miles in person on:  
Sunday May 5th at 10:00AM  
The Pingry School  
Basking Ridge, NJ

Games \* Competitions \* Giveaways  
Free Food and Beverages  
Special Guest Speaker



## #7: PRIZES

Be in it to win it! All participants are entered into drawings for prizes including Amazon gift cards and MORE!

Winners are selected throughout the event weekend and will be announced at the In-Person Walk With Heart on Sunday. Awards for most miles walked by an individual, a team and best event photo.



## LET'S SPREAD THE NEWS

**CPR AND AEDs Save Lives!!**

#WALKWITHHEART

Event Questions? Call or Text 973-722-1212 or email [info@jtbfoundation.org](mailto:info@jtbfoundation.org)